

# More North Carolinians can get health care coverage through Medicaid.

People who receive limited benefits through **Family Planning Medicaid** may now be eligible for full health coverage through Medicaid.

NC Medicaid now covers people ages **19 through 64 years** with higher incomes. Even if you didn't qualify before, you may now.

People who have limited benefits through Family Planning Medicaid and meet the new eligibility rules will automatically receive **full Medicaid coverage as of December 1, 2023.**

## How will I know if I get full health coverage through NC Medicaid?

- **You will get a letter from your local Department of Social Services** letting you know that you will start getting full Medicaid coverage.
- **You will then be assigned a health plan.** If you want to change your health plan, you have 90 days to pick a new one.
- **Your health plan will send you a packet in the mail.** It will include a new Medicaid ID card. Your ID card also has the name of your primary care doctor. You can change the doctor that was assigned to you by contacting your health plan.
- **If you have health coverage through HealthCare.gov, you will need to cancel that plan.** You can do that by logging into your HealthCare.gov account or calling 1-800-318-2596. Do not cancel your plan until you receive information from your new health plan through Medicaid.
- **Medicaid will pay for doctor visits, yearly check-ups, emergency care, mental health services and more – at little or no cost to you.**

Learn more at: [medicaid.ncdhhs.gov](https://medicaid.ncdhhs.gov)  
or contact the NC Medicaid  
Contact Center at **888-245-0179**  
or the NC Medicaid Ombudsman at  
[ncmedicaidombudsman.org](https://ncmedicaidombudsman.org).



## Why won't everyone with limited Family Planning Program benefits be automatically enrolled in full coverage through NC Medicaid?

**Some people may have income that exceeds the Medicaid eligibility levels.** If your income has recently changed and you think you may be eligible, update your information in ePASS ([epass.nc.gov](https://epass.nc.gov)) or by contacting your local Department of Social Services (DSS). Also, please use ePASS or contact your local DSS office to make sure your contact information is up-to-date so that you do not miss important information about your benefits.

## What is limited Family Planning Medicaid and who is eligible?

**Family Planning Medicaid provides reproductive health care at no cost to people with incomes up to 195% of the federal poverty line** – that's about \$2,370 a month for a single person. It covers almost all methods of birth control, testing and treatment for sexually transmitted infections, preventive services and more.